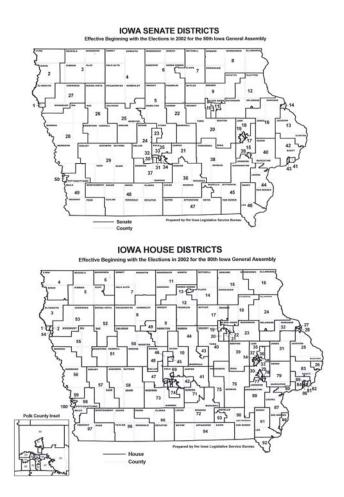


## IOWA LEGISLATURE AND THE UNITED STATES CONGRESS

In Iowa, and in every other state in the United States, there exists a representative form of government. People are elected by the voters to represent the interests of citizens both at the state and national levels.

## **Iowa State Legislators**

Each Iowa citizen has one state senator and one state representative to represent them at the state level. These people are members of the Iowa General Assembly, which meets annually at the State Capitol in Des Moines beginning on the second Monday in January. Each session varies in length, but each is approximately 100 days long. There are 50 members of the Senate, one from each of 50 senate districts in the state. Each senate district is divided into two house districts; therefore, there are 100 members in the House of Representatives.



## **United States Congress**

Each Iowa citizen has two United States Senators and one United States Representative to represent them and make laws at the national level in Washington, D.C. These people are members of the Congress of the United States. Congress, like the Iowa Legislature, is made up of two bodies—the Senate and the House of Representatives. Iowa has seven members in Congress. Two United States Senators represent all the citizens in the state. One United States Representative (congressman) is elected from each of five congressional districts in the state. Congress is in session all year round, with recesses scheduled throughout the year.

## IOWA CONGRESSIONAL DISTRICTS

Effective Beginning with the Elections in 2002 for the 108th U.S. Congress

